

# Investigating the role of signaling pathways and cancer stem cells in esophageal cancer with a therapeutic approach

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## KEYWORDS

esophageal cancer;  
signaling pathway;  
cancer stem cell;  
Gene expression

## ABSTRACT

Esophageal cancer (EC) is the sixth main cause of cancer death worldwide. Important genes associated with esophageal cancer include FOXO3, AKT, and GSK3 $\beta$ . Excessive FOXO3 expression inhibits the proliferation of cancer cells. The expression of AKT is involved in controlling cell growth in tumors. GSK3 $\beta$  activity is higher in cancer tissues. Given the effective role of cancer stem cells (CSCs) in the initiation and metastasis of cancer, targeting CSCs seems to be a viable option. Various biomarkers such as CD markers are used to separate CSCs from other cells. Another way to separate CSCs is to use serum-free suspension culture. In the canonical Wnt signaling pathway,  $\beta$ -catenin with the E-cadherin membrane forms a complex that causes cell adhesion. Using the genes, signaling pathways, and inhibitors such as Wnt, Notch, YAP1, and Hedgehog inhibitors involved in this cancer and isolating CSCs can be considered as effective options for therapeutic purposes.

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## Abbreviations

EC, Esophageal cancer; ESCC, Esophageal Squamous Cell Carcinoma; EAC, Esophageal Adenocarcinoma; CSCs, Cancer Stem Cells; FOXO3, Forkhead Box O3; PTM, Post-Translational Modification; PKB, Protein Kinase B ; ERK, Extracellular Signal-regulated Kinase; SGK , Serum-and Glucocorticoid-inducible Kinase; pAKT, phosphorylated AKT; PI3K, Phosphoinositide 3-Kinase; mTOR, Mammalian Target Of Rapamycin; GSK3 $\beta$ , Glycogen Synthase Kinase 3 Beta; STAT3, Signal Transducer and Activator of Transcription-3; LiCl, Lithium Chloride; CEA, Carcinoembryonic Antigen; CD, Cluster of Differentiation; nCRT, Neoadjuvant Chemoradiotherapy; ALDH1, Aldehyde Dehydrogenase 1; ABCG2, ATP-Binding Cassette super-family G member 2; ITGA7, Integrin  $\alpha$ 7; EGFR, Epidermal Growth Factor Receptor; HH, Hedgehog; CCRT, Concurrent Chemoradiotherapy, EMT, Epithelial-mesenchymal transition

## Introduction

Esophageal cancer (EC)<sup>1</sup> is currently the 11th leading cause of cancer and the sixth leading cause of cancer death (1). Symptoms emerge when the tumor spreads in most parts of the esophagus or metastasizes to adjacent nodes through the lymphatic vessels. Also, tumor growth in external tissues can lead to the appearance of

symptoms (2). Esophageal cancer is divided into two types:

1- ESCC<sup>2</sup>

2-EAC<sup>3</sup>

<sup>2</sup> Esophageal squamous cell carcinoma

<sup>3</sup> Esophageal adenocarcinoma

<sup>1</sup> Esophageal cancer

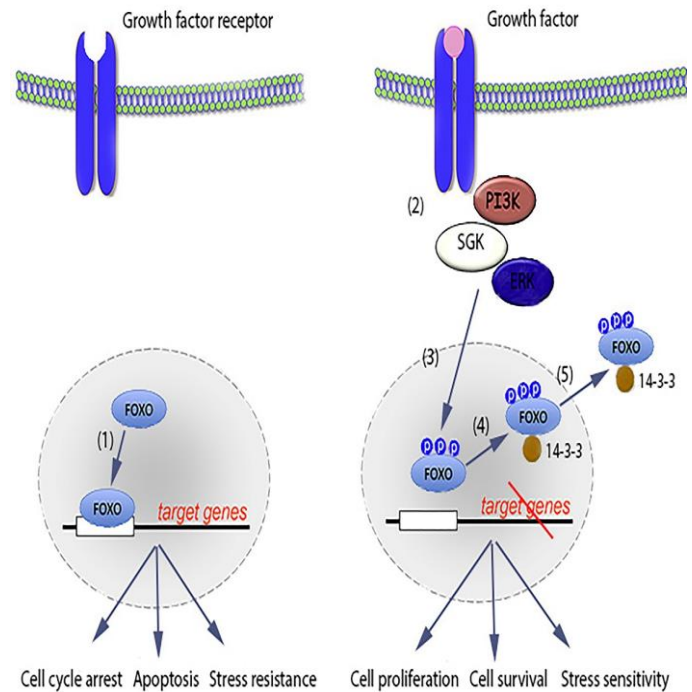
ESCC is caused by abnormal squamous cell epithelium, which usually occurs in the upper esophageal region. In EAC, the squamous epithelium becomes columnar intestinal epithelium and eventually, EAC is formed (2,3). Unfortunately, about 20% of tumors do not respond to treatment; Therefore, it is necessary to identify cells that have a high potential for metastasis and are resistant to treatment. These group of cells are called cancer stem cells (CSCs)<sup>4</sup> (4). This article examines the role of CSCs in esophageal cancer, how to identify and isolate them from other cancer cells, signaling pathways and genes associated with esophageal cancer, and how to use them to diagnose and treat disease.

**Genes associated with esophageal cancer**

**FOXO3**

Forkhead box O3 (FOXO3) is a member of the FOX family and a forkhead transcription factor. This gene is located on chromosome 6q21 and plays a vital role in regulating a variety of cellular processes by targeting the expression and activity of effective genes. FOXO3 mediates a variety of cellular processes, including apoptosis, proliferation (5), cell cycle sequence (6), DNA damage (7), and tumor formation. It also responds to several cellular stresses, including ultraviolet radiation (8) and oxidative stress (9,10). Evidence suggests that FOXO3 acts as a tumor suppressor in cancer. This gene is often inactivated in cancer cells by mutation or cytoplasmic degradation, and its inactivation is associated with the onset and progression of cancer. Excessive FOXO3 expression inhibits the proliferation and invasion of cancer cells while shutting them down leads to tumor formation (11). This gene is expressed in many organs such as the esophagus, brain, heart, liver, kidneys, stomach, skin, and etc. FOXO family members are generally regulated by the AKT or PI3K signaling pathway. It has also been shown that FOXO suppresses the progression of some cancers by suppressing the Wnt /  $\beta$ -catenin signaling pathway. Indirect regulation of FOXO through inhibition of AKT can be effective in the treatment of cancer (12,13). FOXO3 activity can be regulated by a variety of PTM<sup>5</sup>s, including phosphorylation, sterilization, saturation, and methylation (14,15,16). These reversible PTMs alter the location of FOXO3, affect its binding to DNA, and thus alter the pattern of transcription activity of the related genes (17,18). These changes in FOXO3a occur sequentially by different combinations of enzymes and signaling molecules. The non-phosphorylated form of FOXO3 is located in the nucleus and makes the genes that cause cell apoptosis and cessation of the cell cycle to be expressed. The growth factor signaling leads to the

activation of protein kinases such as PKB<sup>6</sup>, ERK<sup>7</sup>, and SGK<sup>8</sup>, which cause phosphorylation of FOXO3. The phosphorylated form of FOXO3 is isolated from DNA and binds to proteins 14-3-3, which causes it to leave the nucleus. This process prevents the expression of FOXO3-related genes, resulting in cell survival and proliferation (19) (Fig. 1).



**Figure 1.** FOXO3 functions in cell mechanism. (1) The binding of the non-phosphorylated form of FOXO3 to DNA and the expression of its target genes cause cell apoptosis, cessation of the cell cycle, and cell resistance to stress. (2) The growth factor signaling leads to the activation of protein kinases such as PKB, ERK and SGK. (3) Phosphorylation of FOXO3 by activated protein kinases. (4) Connecting the phosphorylated form of FOXO3 to protein 14-3-3 and expelling it from the nucleus. As a result, cell survival, cell proliferation, and cell sensitivity to stress occur.

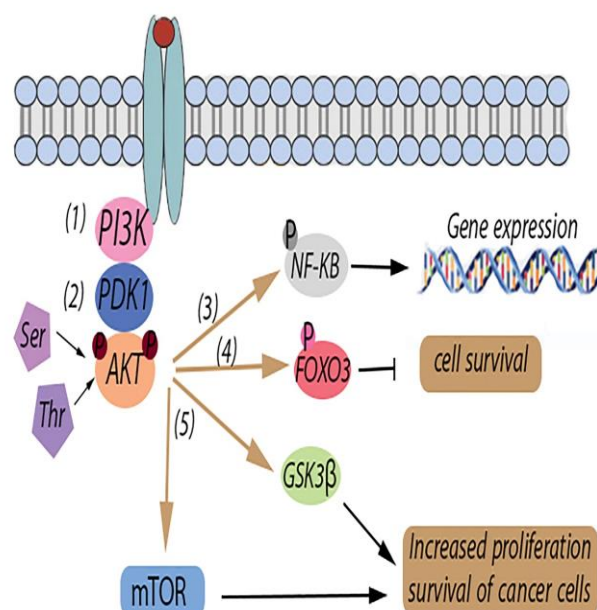
**AKT**

Serine/threonine kinase is expressed in many organs, including the esophagus, at a higher rate than FOXO3. The expression or activation of AKT is involved in controlling cell growth, survival, and gene expression in tumors. Inadequate activation of AKT signaling is effective in esophageal cancer. The AKT gene is activated by phosphorylation of Thr308<sup>9</sup> or Ser473<sup>10</sup>.

<sup>6</sup> protein kinase B  
<sup>7</sup> extracellular signal-regulated kinase  
<sup>8</sup> Serum-and glucocorticoid-inducible kinases  
<sup>9</sup> threonine 308  
<sup>10</sup> serine 473

<sup>4</sup> Cancer stem cells  
<sup>5</sup> Post-translational modifications

pAKT<sup>11</sup> is involved in apoptosis, cell motility, and destruction (20). AKT Kinase activity is usually regulated in many types of human tumors and can be activated by hormones and some growth factors. Activation of AKT mainly activates the mTOR<sup>12</sup> signaling pathways and the GSK3 $\beta$  gene, which ultimately leads to increased proliferation and survival of cancer cells (21). AKT is activated by extracellular stimuli that are PI3K<sup>13</sup>-dependent and plays an important role in oncogenesis (22). The AKT Kinase family consists of three isoforms: AKT1, AKT2, and AKT3, which are close to each other and have a high sequence of amino acids (23,24). Activation of AKT Kinase may be associated with increased cell growth and proliferation. AKT also plays a role in resistance to apoptosis through multiple mechanisms (25). Activated AKT phosphorylates several important apoptotic proteins, such as forkhead transcription factors and KB (NF-KB) nuclear factor (26) (Fig. 2). Activation of AKT plays an important role in protecting cells against apoptosis. Recent laboratory studies have shown that some chemotherapeutic drugs, such as Cisplatin and Doxorubicin, activates AKT in cancer cells by phosphorylation and reduces apoptosis caused by chemotherapy (27,28). AKT is phosphorylated and activated by ionizing radiation, and its activation leads to radioresistance (29). One study found that nc886<sup>14</sup> inhibited cell proliferation by delaying G1-S transmission, suppressing the AKT pathway, and controlling cell cycle genes. nc886 has low levels of expression in normal cells. When neoplastic cells form and begin to grow in the early stages of carcinogenesis, nc886 expression increases. Shutting down nc886 is a random event that can occur at any time during cancer. When the nc886 shutdown occurs in a neoplastic cell, it activates AKT and promotes G1-S transmission. A study of patients with ESCC found that the nc886 shutdown occurred in a significant proportion of patients, which increased the activity of AKT. Due to the effect of AKT on cell cycle genes, FOXO3 maybe a link between AKT and CDKN1A (30). The results also show that Xanthohumol is an AKT Kinase inhibitor. AKT plays an important role in cell proliferation, survival, and metastasis. The results of an experiment show that pAKT is too expressed in cancerous tissues compared to adjacent tissues, and the removal of AKT1 / 2 in ESCC cells leads to a decrease in colonic formation (31).



**Figure 2.** AKT gene functions. (1) Activation of PI3K by binding to receptor (2) AKT phosphorylation by Thr308 and Ser473 and binding to PI3K by PDK1 kinase protein and activation of AKT. (3) NF-KB phosphorylation with active AKT. (4) Phosphorylation of FOXO3 inactivates it and leads to the survival of cancer cells. (5) AKT Activates the GSK3 $\beta$  gene and the mTOR signaling pathway, which increases the proliferation and survival of cancer cells.

### GSK<sub>3</sub> $\beta$

One study found that the expression of GSK3 $\beta$ <sup>15</sup> in cancerous tissues in patients with ESCC is significantly higher than in control tissues, and the amount of phosphorylated GSK3 $\beta$  decreased simultaneously in cancerous tissues. Therefore, inhibition of GSK3 $\beta$  leads to the cessation of cells and ESCC migration. Statistical analysis of clinical data suggests that higher GSK3 $\beta$  expression is associated with a weakening of metastasis and differentiation at a higher rate. GSK3 $\beta$  affects the growth of ESCC by altering STAT3<sup>16</sup> activity (32). The effect of GSK3 $\beta$  on the survival of ESCCs and the progression of cancer leads to greater expression of this gene and low expression of phosphorylated GSK3 $\beta$  in ESCC cancer tissue. Low expression of phosphorylated GSK3 $\beta$  increases GSK3 $\beta$  activity. High levels of GSK3 $\beta$  activation increase STAT3 phosphorylation, thereby increasing the survival of cancer cells and the progression of ESCCs. Activation of GSK3 $\beta$  can produce IL-6, thereby facilitating the phosphorylation of STAT3 and thus the growth of ESCC cells. In contrast,

<sup>11</sup> phosphorylated AKT

<sup>12</sup> Mammalian target of rapamycin

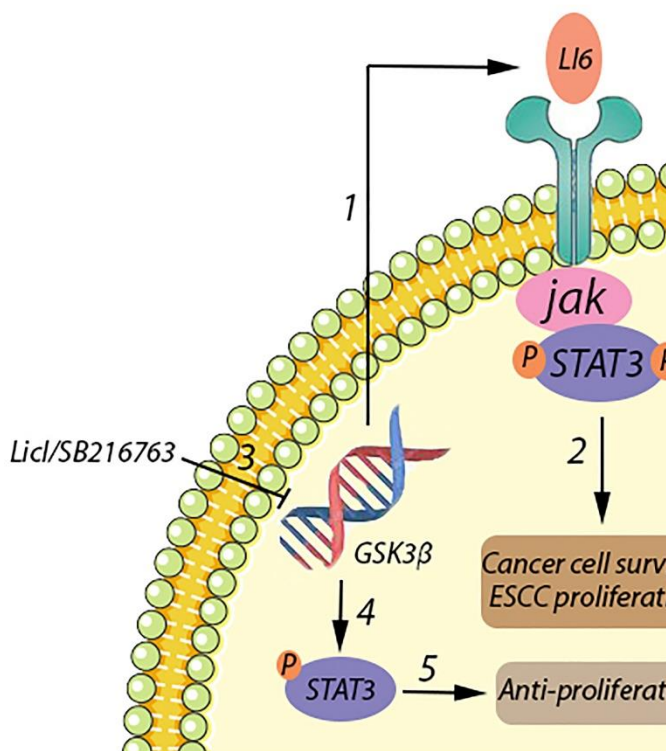
<sup>13</sup> Phosphoinositide 3-kinase

<sup>14</sup> A Regulatory Noncoding RNA

<sup>15</sup> Glycogen synthase kinase 3 beta

<sup>16</sup> Signal transducer and activator of transcription-3

the inhibition of GSK3 $\beta$  by LiCl<sup>17</sup> or SB216763 reduces STAT3 phosphorylation and thus suppresses the growth of cancer cells (32) (Fig. 3). GSK3 $\beta$  reduces the level of free  $\beta$ -catenin in Wnt /  $\beta$ -catenin by  $\beta$ -catenin phosphorylation (33). Since free  $\beta$ -catenin accumulation has been observed in several cancers, GSK3 $\beta$  is thought to act as a tumor inhibitor by controlling  $\beta$ -catenin levels (34,35). The expression of circGSK3 $\beta$  inhibits the occurrence of some tumor features such as migration and invasion of cancer cells. This function is largely involved in cancer metastasis. CircGSK3 $\beta$  can reduce  $\beta$ -catenin levels by inhibiting GSK3 $\beta$ . GSK3 $\beta$  is a tumor inhibitor that inhibits cell metastasis through the Wnt /  $\beta$ -catenin pathway. The GSK3 $\beta$  /  $\beta$ -catenin pathway plays an important role in the growth and metastasis of tumor cells. The use of circGSK3 $\beta$  in combination with CEA<sup>18</sup> can be used as an effective plasma biomarker for ESCC (36).



**Figure 3.** GSK3 $\beta$  gene function (1) Activated GSK3 $\beta$  increases STAT3 phosphorylation. (2) Activation of GSK3 $\beta$  causes IL-6 production, and IL-6 increases STAT3 phosphorylation. As a result, cell survival and increased cancer progression occur in the ESCC. (3) Inhibition of GSK3 $\beta$  by LiCl / SB216763, (4) reduced STAT3 phosphorylation and thus suppressed cancer cells.

### Separation of CSCs from ESCC

CSCs are a subset of cancer cells that have similar characteristics to embryonic cells; For example, they can multiply and cancer is caused by the activation of cells

that are in a state of dormancy (37). Preliminary studies on CSCs showed that only a small percentage of primary tumor cells could produce a secondary tumor. Even if they are in a state of dormancy, CSCs have characteristics opposite to non-CSCs (39,40) and are therefore resistant to treatment in all cases, but when they enter the cell cycle, can recur tumor and metastasis (40,41,42) CSCs are found in a variety of cancers, such as breast cancer (43), prostate cancer (44), and colon cancer (45,46). All CSCs have three features in common: 1. The ability to reproduce immensely. 2. The ability to self-renewal 3. Differentiation. ESCC is a malignant tumor of the gastrointestinal tract that can recur and metastasize to nearby lymph nodes (47). Given the effective role that CSCs play in the initiation, proliferation, recurrence, and metastasis of cancer, targeting ESCC cells, especially CSCs, seems to be a viable option. One of the main obstacles in researching CSCs is identifying them. Several methods are currently used to isolate them (48).

### Separating CSCs by using biomarkers

One common way to isolate CSCs from other cells is to use cell surface markers. Types of CD<sup>19</sup> markers (CD90, CD44) can be mentioned (49). CD44 is a lymphocyte homing receptor that plays an important role in adhesion, motility, proliferation, and cell survival (50). CD44 performs both as an independent marker and with other markers in CSCs. Different types of CD44 have been suggested as disease prognostic markers in ESCC. CD44 is expressed by most ESCCs in KYSE30 cells (51). Combining CD44 with other markers will further enhance its features (52). A subset of CD44 + / CD24- with cancer-like stem cell features is identified in some esophageal cell lines, such as EE33 (EAC), OE21 (ESCC), and esophageal tumor tissue (53). CD24, a cell surface antigen, is involved in cell-matrix and cell interactions (54,55).

CD44 + / CD24- cells have a high potential for spherical mass formation and resistance to radiation. They can also cause high invasive tumors that settle in the hypoxic areas of the tumor. The number of CD44 + / CD24 cells is proportional to the growth rate of the tumor (54). In patients with EAC, CD44 + / CD24 cells are found in 50% of pre-treatment biopsies, while patients with complete pathological responses after nCRT<sup>20</sup> treatment lack these cells (53). These results suggest that CD44 + / CD24- cells have CSCs-like features and can be considered as therapeutic targets (54).

Based on laboratory data, CD44 and ALDH1<sup>21</sup> are used to identify stem cell-like cells in cancer (56,57). The

<sup>17</sup> lithium chloride

<sup>18</sup> carcinoembryonic antigen

<sup>19</sup> Cluster of differentiation

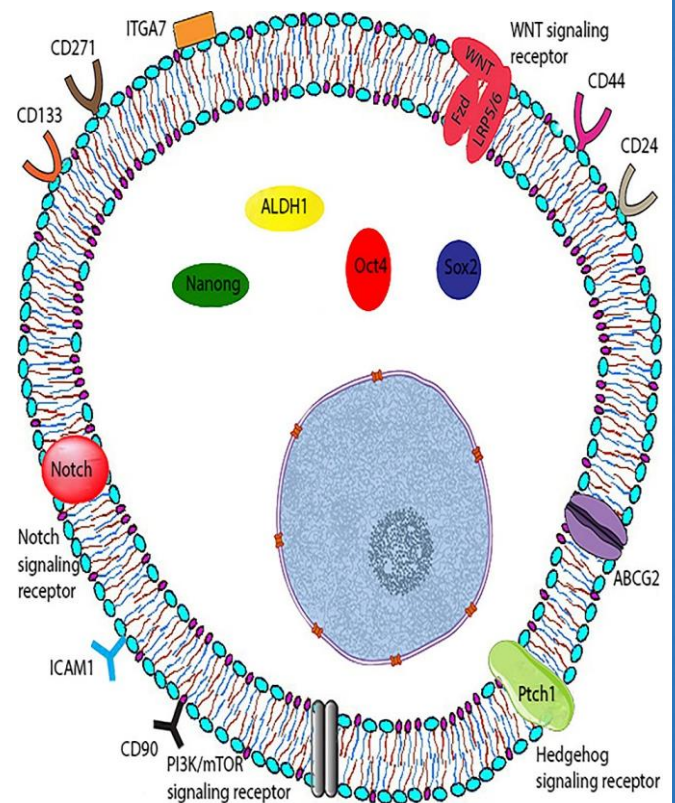
<sup>20</sup> Neoadjuvant chemoradiotherapy

<sup>21</sup> aldehyde dehydrogenase 1

expression of ALDH1 in ESCC is associated with poor tissue differentiation, lymph node metastasis, and TNM pathological classification (57,58,59). ALDH1 has been overexpressed in various types of CSCs related to breast cancer (60), lung cancer (61) and pancreatic cancer (62), so it can be identified as a marker of CSCs among different types of cancer. Cells with the CD44 + / ICAM1 + (63) marker show phenotypes similar to CSCs. The CD44 + / CD133 + marker also predicts the occurrence or recurrence of ESCC (64). Another cell surface marker that can detect CSCs in esophageal cancer is the ABCG2<sup>22</sup> marker (65). In healthy tissues, the ABCG2 receptor acts as the cell's first line of defense against toxic agents. In the gastrointestinal tract, ABCG2 is widely expressed in the apical membrane of the epithelium (66). High levels of ABCG2 expression in ESCC are associated with TNM classification and lymph node metastasis (67). Therefore, ABCG2 can be considered as a suitable marker for CSCs of esophageal cancer.

Also in esophageal cancer cell lines, cells with the CD90 or Thy-1 marker have the characteristics of resistance to chemotherapy, higher invasiveness, migration, increased potential for spherical mass formation, production of active tumors, and ability to metastasize to the lungs, which are the characteristics of CSCs (68). ITGA7<sup>23</sup>, which is involved in regulating cellular matrix interactions and is expressed simultaneously with CD90, has been shown to be a marker of CSCs in esophageal cancer. Excessive ITGA7 expression, along with the transcription factors of Sox2, Nanog, and Oct4, increases self-renewal strength and the ability to differentiate and resist chemotherapy, and therefore ITGA7 can be considered as a marker for CSC (69). CD133<sup>24</sup> is considered as another marker for CSCs that is used either independently (70) or in combination with ABCG2 (71) or CXRC4 (72) to predict disease. By expressing CD271<sup>25</sup> in ESCC cells, these cells have characteristics similar to CSCs; For example, the ability to self-regenerate, resistance to chemotherapy, the ability to metastasize (73), and thus can be a predictor marker in ESCC cells (74). Numerous studies have shown that there is a relationship between the presence of CD groups in the cell and the ability of self-regeneration and multiple differentiation (78-75). Also, by not expressing CD133, the rate of stemness in CSCs decreases (79). Another study, in which ESCC cells with expressed CD90 + were isolated by flow cytometry and whose characteristics were identified by mRNA profiling, showed that the presence of CD90 + is related to tumor growth, Metastasis, and Epithelial-mesenchymal transition (EMT)(80). Hedgehog, Notch,

Wnt, PI3K / mTOR, Hippo signaling pathways increase the proliferation, metastasis, invasiveness, and resistance to treatment by regulating CSCs populations(81)(Fig. 4).



**Figure 4.** Markers and pathways to identify CSCs. CD90, ITGA7, CD44, ALDH1, CD133, CD24, CD271 markers on cell surface. Presence of Nanog, Sox2, and Oct4 transcription factors to identify CSCs. Hedgehog, Notch, Wnt, PI3K / mTOR and Hippo signaling pathways work to regulate the population of CSCs in the cell.

### Serum-free suspension culture

Another way to separate CSCs from ESCC is to use serum-free suspension culture. In a number of cancers, microspheres of serum suspension have shown similar characteristics to stem cell characteristics (82,83). In a spherical mass, the cells that are closer to the center of the sphere are more differentiated because fewer nutrients reach the center of the spherical mass. The cells in the center, tend to differentiate due to a lack of growth factors (84). The number of CSCs in the spherical mass is constantly increasing, and the cells undergo changes during stages, and the risk of gene mutations increases during the process of cell change. The ability to form spherical masses can indicate the ability of CSCs to self-regenerate (85). Spherical cells isolated from KYSE 150 and TE1 cell lines associated with ESCC are said to be more resistant to radiation therapy than parental cells (86).

<sup>22</sup> ATP-binding cassette super-family G member 2

<sup>23</sup> Integrin  $\alpha$ 7

<sup>24</sup> prominin-1

<sup>25</sup> p75 neurotrophin receptor

### Epithelial-mesenchymal transition (EMT)

As cancer progresses, a fraction of the cancer cells may activate the EMT process to release the primary<sup>26</sup> cells into different parts of the embryo (87). Cancer cells use this mechanism to invade and expand metastasis (88). The EMT mechanism involves the loss of epithelial properties during the conversion of the mesenchymal spindle-shaped phenotype to higher mobility (89-92). Tumor environmental conditions affected by activation of WNT, TGF- $\beta$ , and Hedgehog pathways cause esophageal cancer cells to undergo EMT mechanism, and CSCs features include high invasiveness and metastasis, as well as high survival power. (93-101). Radiation may cause EMT mechanisms by stimulating TGF- $\beta$ 1 and HIF-1 $\alpha$  signaling, increasing CD44 expression, and increasing the regulation of transcription factors such as Slug and Snail, as well as reducing PTEN (102,103).

### Wnt signaling pathway

The Wnt signaling pathway plays an important role in cancer biology (104,105). This pathway consists of the canonical Wnt pathway ( $\beta$ -catenin-dependent), the bipolar pathways of the cells, and the Wnt/  $Ca^{2+}$  (106). The canonical Wnt pathway is considered to be a major mechanism in cancer biology (106). Activation of Wnt canonical signaling is a complex multi-step process that exists in Wnt2, GSK3 $\beta$ , Axin, APC,  $\beta$ -catenin, TCF, c-myc, and cyclin D1. Wnt2 in different cells can activate different signaling pathways, including the Wnt2 /  $\beta$ -catenin pathway, also called the canonical Wnt pathway (107).

The Wnt2 /  $\beta$ -catenin pathway intensifies the expression of  $\beta$ -catenin and transfers  $\beta$ -catenin from the cell membrane to the cytoplasm and even to the nucleus (105,108).  $\beta$ -catenin is a multipurpose protein that intermediates cellular-matrix adhesion and increases tumor proliferation and metastasis (109,110).  $\beta$ -catenin plays an important role in tumor progression under the influence of Wnt signaling pathway and E-cadherin (110,111). Wnt2 signaling pathways can enhance  $\beta$ -catenin stability and cause free  $\beta$ -catenin accumulation in the nucleus. GSK3 $\beta$  is one of the few signaling intermediaries that plays a key role in a variety of signaling pathways, including the Wnt signaling pathway. GSK3 $\beta$  can reduce the stability of  $\beta$ -catenin in the cytoplasm. However, Wnt signaling inhibits GSK3 $\beta$  activity and increases free  $\beta$ -catenin levels. GSK3 $\beta$  is an essential element in the Wnt signaling pathway and plays an important role in inhibiting  $\beta$ -catenin, GSK3 $\beta$  has joined the APC, Axin as part of the  $\beta$ -catenin degradation complex (112,113). The main function of the complex is to destroy  $\beta$ -catenin phosphorylation. In one study, GSK3 $\beta$  had a positive rate of 7.2% in ESCC

tissues, compared with 54.2% in normal esophageal tissue. GSK3 $\beta$  is an essential component in the Wnt signaling pathway and plays an important role in regulating cells proliferation, differentiation, and apoptosis (114). However, the expression of GSK3 $\beta$  did not show a significant relationship with tumor size, degree of differentiation, AJCC stage, lymph node status in ESCC. In the normal esophagus,  $\beta$ -catenin with the E-cadherin membrane forms a complex that causes cell adhesion (Fig. 5). The expression of  $\beta$ -catenin in the cytoplasm or nucleus can be defined as unconventional expression. Abnormal  $\beta$ -catenin involves the nucleus to interact with TCF / LEF transcription factors involved in oncogenic development (115,116). The results showed that abnormal  $\beta$ -catenin expression could be considered as a sign of activation, oncogenesis, Wnt signaling, and  $\beta$ -catenin / TCF transcription. Phosphorylation is mediated by GSK3 $\beta$  as a switch in  $\beta$ -catenin stabilization regulation (117). However, the results never indicate a relationship between GSK3 $\beta$  and  $\beta$ -catenin (118). The EGFR<sup>27</sup> receptor is a transmembrane protein composed of an extracellular ligand and a range of intracellular tyrosine kinases. Following ligand binding, EGFR degrades structurally and eventually leads to auto phosphorylation and activation of tyrosine kinase amplitude (119). After that, several paths such as ERK / MAPK, PI3K, and JAK / STAT can be activated to regulate cell proliferation and migration (12,121). The association between EGFR expression and survival rates in patients with ESCC is associated with high levels of EGFR with chemotherapy resistance and lymph node metastasis. Excessive EGFR expression is involved in cell proliferation and higher cell metastasis (122,123). EGFR has been shown to be a direct target of the Wnt pathway, and EGFR activation is associated with increased  $\beta$ -catenin (124). EGFR activates  $\beta$ -catenin via PI3K / Akt in tumor cells (125,126). Wnt signaling plays a key role in chromatin regeneration and response to DNA damage (127). Many signaling pathways, such as Wnt, are involved in the regulation of stem cells, and CSCs are no exception (128). Stem cells use their capacity to perform unlimited cells division while maintaining the identity of the stem cells; They are differentiated and created more specialized cells with limited proliferation capacity. Unlimited duplication, self-reconstruction, and multifaceted differentiation are the three major attributes of CSCs (129,130). In unregulated signaling pathways in ESCC, some similar features have been identified with stem cells that act in the same direction as CSCs in ESCC (131). Stem cells are divided into several categories, including embryonic stem cells, totipotent stem cells, and adult stem cells (132). CSCs can also be hierarchically organized. Like natural stem cells, different signaling pathways, such as Wnt, participate in the maintenance and regulation of

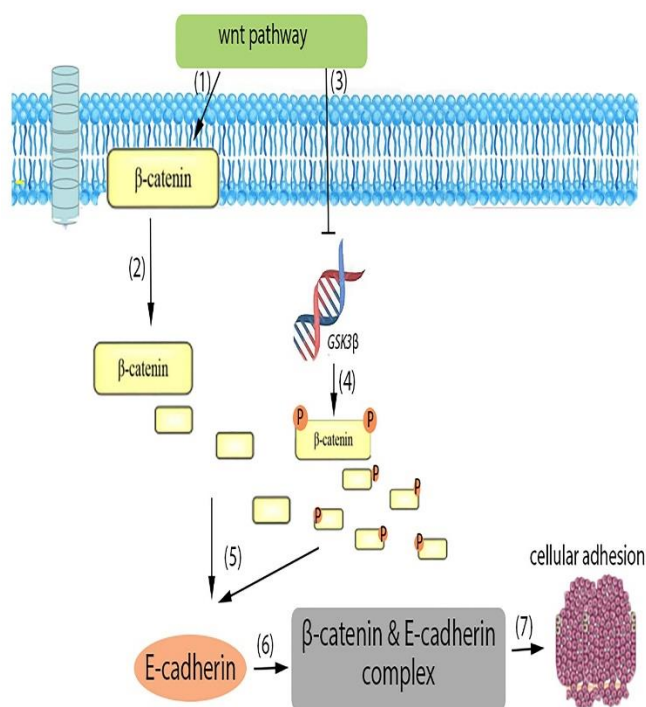
<sup>26</sup> primitive

<sup>27</sup> Epidermal growth factor receptor

CSCs. Because cancer stem cells are unstable, stem cells are abnormally regulated in CSCs. Therefore, stem genes or signaling pathways that are not regulated in CSCs must have two properties: 1) the ability to signal to activate lower currents that help maintain the three main characteristics of stem cells 2) the ability to retain malignant traits (133,134). The Wnt /  $\beta$ -catenin, Notch, Hedgehog, and Hippo pathways play an important role in the proliferation and self-regeneration of stem cells, are involved in the regulation of EC stem cells, and are considered as potential therapeutic strategies. One experiment showed that Wnt10A, which activates the Wnt /  $\beta$ -catenin pathway, is present in ESCC tissue and is highly expressed (135).

## Result

The rate of success in the treatment of esophageal cancer is usually measured by the size of the tumor mass and the reduction in metastasis (136). However, CSCs may go through treatment processes without injury and re-enter the cells cycle, so CSCs and their characteristics must be considered in treatment strategies (53).



**Figure 5.** Mechanism and function of Wnt signaling in cancer cells. (1) Wnt signaling increases the expression of  $\beta$ -catenin. (2) It also causes the transfer of  $\beta$ -catenin from the cell membrane to the cytoplasm. (3) The Wnt signal inhibits the activity of GSK3 $\beta$ , (4) the level of free  $\beta$ -catenin in cytoplasm increases. (5) The free  $\beta$ -catenin binds to E-cadherin and (6) the  $\beta$ -catenin and E-cadherin complex is formed. (7) The  $\beta$ -catenin and E-cadherin complex causes cell adhesion and the spread of cancer cells.

## HH<sup>28</sup> inhibitors

HH inhibitors are widely used in clinical trials for various solid tumors. Vismodegib, an inhibitor of Ptc1 and SMO, in combination with chemotherapy do not have favorable results in the treatment of gastrointestinal tumors (137). At present, in a clinical trial, the effect of Vismodegib in combination with nCRT on EAC cells activated by HH has been investigated. Other SMO inhibitors include sonidegib and taladegib, which are used to treat cancer. Another SMO inhibitor called BMS-833923 is being tested with chemotherapy for the treatment of non-surgical metastatic cancers (138,139).

## WNT, Notch, YAP1 inhibitors

A number of Wnt inhibitors, such as OMP-54F28, PRI-724, LGK-974, Vantictumab, are used both independently and in combination with conventional therapies in clinical trials of solid cancers.  $\gamma$ -secretase inhibitors such as R04929097, LY900009, PF-03084014, BMS-906024, BMS-986115, MEDI0639 (anti-DLL4), OMP59R5 (anti-Notch2 / 3), Demcizumab (anti-DLL4) DLL4 and Enoticumab (anti-DLL4) all of which play a role in Notch's signaling, are currently being studied in clinical trials of solid cancers, although none of the above have been used to treat esophageal cancer and are all being studied (138).

## Identify new biomarkers to enhance the effectiveness of neoadjuvant chemoradiotherapy

The most common treatment for operable tumors of any type of esophageal cancer is the use of nCRT therapy, after which surgery can affect more efficiently. Although the survival rate and non-recurrence of the tumor increase after receiving CCRT<sup>29</sup>, some patients do not respond to this treatment (140). About 60% of patients reportedly did not respond to this treatment, so the success rate in surgery decreased (141,142). Therefore, it is necessary to identify biomarkers that can predict the effectiveness of CCRT in each patient. MiR-330-5p can reduce E2F1 protein and p-Akt cellular levels, thereby increasing apoptosis in cancer cells, and in patients with EAC who do not respond to CCRT therapy, it may decrease. (143). Therefore, detection of miR-221 and increasing its expression in primary tissues of esophageal cancer cells through communication with Wnt /  $\beta$ -catenin-EMT pathways has been proposed as a solution (144). It is very important to identify biomarkers because they can be used to treat any patients (140).

## Conclusion

Currently, Numerous markers have been studied for the detection of CSCs in esophageal cancer and can be considered as factors in predicting disease, patient

<sup>28</sup> Hedgehog

<sup>29</sup> concurrent chemoradiotherapy

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response to treatment, or metastasis. These markers, like signaling pathways, can be used to separate CSCs. Despite recent advances, there are still no practical treatments for CSCs. Therefore, identifying and isolating CSCs as a first step in this direction could lead to finding appropriate treatment strategies for each

patient in the future.

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